Operation Ivy "Healthy Body"

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Expensive vitamin pills and wheat germ on your windowsill

Your schedule's hectic and you've got no time to kill Earning money and you're spending it the right way Just in such a rush that you don't know if it's night or day

5:30 get up, run run run
Then you work eight hours
Slaving under the gun
Little world is based on lies lies lies
Always rushing but you're never ever satisfied

Healthy body sick mind You're working overtime Healthy body sick mind Too hectic, too hectic Healthy body sick mind

"Why don't you just unwind?" It's just a matter of time Sick body sick mind!

The money you spend on running shoes could feed me for a week

Your plans are laid so well that you can't even sleep Pursuit of happiness got you life locked up under Marshall law

You got everything to lose so you're paranoid about some fatal flaw

Healthy body sick mind You're working overtime Healthy body sick mind
Too hectic, too hectic
Healthy body sick mind
Why don't you just unwind?
It's just a matter of time
Sick body sick mind!

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