

## **Odious Sanction "Mental Torment"**

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Pain!

Hell is what we feel - pain - a part of life  
Shocked by what we see  
Gone from what is real

Shocking pain infused into my brain  
Instability inside is crushing me  
Not knowing anymore who I am  
The trauma suffered feels just like hell

Pain!

Why am I suffering?  
Constant hell  
Stressed out life

All we hate - all we fear comes alive  
Can't see anymore that life is fine  
All the time we spend in misery  
Our brains are ruined by the agony

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