

## O.A.R. "Are You Low?"

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Are you low?  
Are you low?  
Take it slow  
Tried to live high, ended up so low

Can't believe this is real, somethings got to change  
Got to live my life, but I love to be strange  
Don't wanna be wrapped up in a typical package  
Ran away but couldn't find my way back

Now I'm low  
I feel low

Stuck in between, it's hard to explain  
Why every new beginning feels exactly the same  
And so I drink, drink  
Still I am famished  
When I go the distance, but am never quite finished

Now I'm low  
I feel low  
Take it slow  
Try to live high and you end up low

So here I reside in the middle of pride  
In the middle of night, I lost my ride  
And in a blink, blink  
Everyone vanished  
I know your vision understands my condition

Now I'm low  
Are you low?  
Take it slow  
Try to live high but I lost control  
Now I'm low  
I feel low  
Take it slow  
Got to slow it down and regain control

Pain might take you away from where you wanted to be  
I'm drawing the line somewhere down below

And then I'm gonna rise up  
Make my way back into the lineup  
Oh, must let it go  
If the one-drop undertow tells you so

Are you low?  
(Or are you waiting?)  
Are you low?  
(While the sun is fading)  
Down below  
(Why are you waiting?)  
You know you can't live high if you can't live low

Are you low?  
(Or are you waiting?)  
Are you low?  
(While the sun is fading)  
Take me slow  
(Why are you waiting?)  
I know you wanna be high but you must be low

Are you low?  
(Or are you waiting?)  
Take it slow  
(While the sun is fading)  
(Why are you waiting?)  
If you wanna live high, you've got to live low

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