

## Anuradha paudwal

# "Anuradha Paudwal - Chanting Of Gayatri Mantra"

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Om bhur bhuvah svah  
tat savitur varenyam  
bhargo devasya dhimahi  
dhiyo yonah prachodayat

108 times repeated

English Translation:

We meditate on the transcendental Glory of the Deity Supreme, who is inside the heart of the earth, inside the life of the sky and inside the soul of Heaven. May He stimulate and illuminate our minds.

Other Translations:

Through the coming, going and the balance of life the essential nature which illumines existence is the adorable one may all perceive through subtle intellect the brilliance of enlightenment

May we meditate on the effulgent Light (or Power) of the Worshipful One Who Has given birth to all worlds.

May this One direct our Mind-rays towards the path of Good.

O Lord, Thou are the protector of life and of breath, dispeller of miseries and bestower of happiness. Thou are the creator and the most acceptable intelligence, possessing eternal qualities. May Thine qualities and Thy inspiration pass to us.

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