

## **Ryan Balthrop**

### **"Runaway Train Of Thought"**

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Don't spend your time going down the track, looking  
back,  
You'll live your life out of whack.  
It's just a fact Jack, it's just a simple fact.

Sometimes I go out riding on a runaway train of  
thought  
Give me just a minute to myself, and then I'll give you  
all the time that I've got.  
Right now I'm sitting waiting at the station, waiting for  
the train.  
My ticket done been bought. All I've learned sitting  
waiting at the station  
Is that you can't replace nothing with something you  
that you don't got.  
That's why we go out riding on a...

Chorus

Runaway train of thought  
Give me just a minute to myself, and I'll give you all the  
time that I've got.  
I'm on a runaway train of thought.  
You never get the time back.  
Don't let the train run off the track.

If we could slow down the time, we wouldn't have to go  
so fast  
Through every frame of mind. We could make these  
moments last.  
No matter how much we rewind, we'll never get back  
the past.  
And then we lose track of time, and we gotta step on  
the gas.

Chorus

Don't spend your time going down the track, looking  
back,  
You'll live your life out of whack.  
It's just a fact Jack, it's just a simple fact.  
You can't replace nothing with something that you lack.  
Don't spend your time going down the track, looking

back,  
You'll live your life out of whack.  
It's just a fact Jack, it's just a simple fact.

And now I'm sitting, waiting at the station, waiting for  
the next brainwave to arrive.  
I gotta ticket in my hand, for no amount of money-  
understand,  
A ticket like that you cannot buy.  
I just need to find a quiet place in my mind...  
A place where I can rewind.

Chorus

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