

Nitin Sawhney

"Chetan Jeevan - Reena Bhardwaj"

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I have lived life until now to the height of enjoyment
My physical body accompanied by a conscious mind
Endless desires swirl outside of me
HE is also taking me along his cosmic path giving me
experience of seeing, hearing, tasting, smelling and
feeling
I feel content while sleeping, crying, laughing, eating
and drinking
Day and night I think that there must be some purpose
to this life
I have come to understand joy and sorrow due to lust,
anger, greed, attachment and ego
I have started to think about what is the characteristic
wont of life and about what is the uncharacteristic wont
of life,
About what is benevolent use of mind and words and
what is harmful use of mind and words
And about what is sin and what is virtue
Thus no more desire or expectation for past, present or
future remains with me
My mind has gone beyond past, present and future
and beyond the rational intellect of imagination
I see that I am beyond birth and death and am enjoying
mind in a state of samadhi

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