

Biff Rockmore

"Pumping Iron"

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Well my Daddy said "Son a man needs to stay strong"
Been pumping iron since the day I was born oh
Yeah I'm pumping iron, I just do what I like
I got a one-way ticket to the sweet life

Pumping iron you can't stop me
Pumping iron if you can't out-squat me no
Pumping iron you don't impress me
Pumping iron if you can't outflex me whoah
Look in my eyes and tell me who's been pumping iron
Check out my bis and tell me who's been pumping iron

No pain no gain you gotta pay as your earn oh
Pumping iron can you feel the deep burn
I'm pumping iron I got my body so right

I got authority yeah I'm gonna take what I like

Pumping iron you can't stop me
Pumping iron if you can't out-squat me no
Pumping iron you don't impress me
Pumping iron if you can't outflex me whoah
Look in my eyes and tell me who's been pumping iron
Check out my bis and tell me who's been pumping iron
Check out my size and tell me who's been pumping iron
Whoah pumping iron yeah yeah yeah yeah whoah

Pumping iron you can't stop me
Pumping iron if you can't out-squat me no
Pumping iron you don't impress me
Pumping iron if you can't outflex me whoah
Pumping iron, I'm pumping iron oh I'm pumping iron
huh

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