

## Nesian Mystik

### "One Time"

Visit "[One Time](#)" on [MotoLyrics.com](http://MotoLyrics.com)

#### Verse 1

Now all ahead full throttle get it popp'n like a hot bottle  
go crazy like you in trouble  
Do it one time then switch it up to double fall in behind  
follow and  
take off like the  
Apollo  
We still brazy getting brazy to brazy to realize who's with  
me coming  
with me let me see your hands high  
Che's done it by calling the real heads got it lock  
tighter then  
17 yr old dreadz  
Freeze now get down assume the position strap my  
back pak  
take to school competition  
Like Lindsay Tate on the break for the breakers pouring  
out shots like  
taking hit's from shakers  
Temptation could bring you to your knees got you  
captivated  
coz you cant compete  
Now I told ya your suppose to throw your hands high  
like riding a  
roller coaster screaming at the same time

#### Chorus

One time for the masses  
Two times for the Nesians on the floor dancing  
Throw your hands up x2

#### Verse 2

It's easy  
Simple like 123  
Like Hi Tek on that MPC  
People is time to get down, time to get down y'all  
It's easy  
Simple like ABC  
Finesse like VC from the key  
People is time to get down (Time to get down y'all).

Let the ladies just  
Stir it up, stir it up  
Selecta gone  
Turn it up, turn it up  
Nesian cant help but  
Burn it up, what can I say y'all  
We came to play y'all

Where dem body rock  
From night to morning  
F.O.B connects with Hori  
Its Nesian just doing our thing

Chorus  
One time for the masses  
Two times for the Nesians on the floor dancing  
Throw your hands up x2

Verse 3  
We go back to back on your 1's & 2's  
Proceed to let loose, commence to form moods  
Some heads rock to, another prefer to groove  
I flow the truth through my lips like the gospel  
It's 2 step so it ain't to complex  
Recognise where we rep, sounds is mos def  
But it ain't Brooklyn!  
Correction is Grey Lynn as a matter of fact  
Even on a crunk like beat  
I still deliver as the S.A.B.R.E  
Spell my name so many times I hope you can read  
Or at least pronounce it right  
It ain't say-breeh in the house to night  
It's say-bur deliver heat straight from the tropics  
Deep south crunk ghetto mixtapes cop this  
No money to my name, only change in the pocket  
Snoop said bring like it's HOT so we dropped it

Chorus  
One time for the masses  
Two times for the Nesians on the floor dancing  
Throw your hands up x4

Visit [Nesian Mystik](#) page on MotoLyrics.com, to get more lyrics and videos.