

Coldrain

"Rise And Fall"

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She walks down this street every day with a poker face
No one knows she cries within
She dresses to perfection just to hide herself
But now she's sick of this feeling

Rise and fall happens to us all
Rise and fall you are not alone
Rise and fall happens to us all
Rise and fall

Tell me how it feels letting go of struggle
Tell me how it feels breaking down the old walls
Tell me how it feels finally feeling like yourself
And not something on a shelf
Tell me how it feels

He thinks of the good old days on his 10 minute break
No one knows he had a dream
He gave up so long ago
But a second chance is always there if you want it

Rise and fall happens to us all
Rise and fall you are not alone
Rise and fall happens to us all
Rise and fall

Tell me how it feels letting go of struggle
Tell me how it feels breaking down the old walls
Tell me how it feels finally feeling like yourself
And not something on a shelf
Tell me how it feels

Don't look down anymore, no don't look down anymore
Don't look down anymore
You rise and fall, change yourself, but don't let go

Tell me how it feels letting go of struggle
Tell me how it feels breaking down the old walls
Tell me how it feels finally feeling like yourself
And not something on a shelf

Tell me how it feels letting go of struggle
Tell me how it feels breaking down the old walls
Tell me how it feels finally feeling like yourself
And not something on a shelf
Just tell me how it feels

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