

## **The Used**

# **"The Bird And The Worm"**

Visit "[The Bird And The Worm](http://MotoLyrics.com)" on MotoLyrics.com

He wears his heart safety-pinned to his backpack  
His backpack is all that he knows  
Shot down by strangers whose glances can cripple  
The heart and devour the soul

All alone he turns to stone  
While holding his breath half to death  
Terrified of what's inside to save his life  
He crawls like a worm from a bird  
Crawls like a worm from a bird

Out of his mind, the way pushes him whispering  
Must have been out of his mind  
Midday delusions of pushing this out of his head  
Make him out of his mind

All alone he turns to stone  
While holding his breath half to death  
Terrified of what's inside to save his life  
He crawls like a worm  
Crawls like a worm from a bird

(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm  
Crawls like a worm from a bird

All he knows  
If he can't relieve it it grows  
And so it goes  
He crawls like a worm  
Crawls like a worm from a bird

And he crawls like a worm  
He crawls like a worm  
He crawls like a worm  
Crawls like a

Out of his mind, the way pushes him whispering

Must have been out of his mind

All alone he turns to stone  
While holding his breath half to death  
Terrified at what's inside to save his life  
He crawls like a worm from a bird

All alone  
He's holding his breath half to death  
(Holding his breath half to death)  
Terrified to save his life  
He crawls like a worm  
(Crawls like a worm)  
Crawls like a worm from a bird  
(Crawls like a worm)

(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm  
(Worm!)  
Crawls like a worm  
(Worm!)  
Crawls like a worm from a bird

(All alone)  
(All alone)  
(All alone)  
(All alone)

Visit [The Used](#) page on MotoLyrics.com, to get more lyrics and videos.