

Natasja

"One Spliff A Day"

Visit "[One Spliff A Day](#)" on MotoLyrics.com

(Intro)

Yah yusha
Pharfar run track yea!
Tasha passing thru€|â€|..
go so now

Chorus

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say
so Dung a yard mi haffi stay, Hey:
mi haffi follow mi heart JAH man

One Spliff a day, Good music haffi play
take a dip inna the bay
will keep the bad tings away
A so mi doctor say
so Dung a yard mi haffi staaay

hey

Verse1

Mi waan feel The breeze again
i wanna find peace again
The harder the struggle
the stronger JAH people yea
the heart beat a Africa
Inna the island culture yah
Mek mi caan believe how far
dem ship Jah warrior, Away
All a mi Nubian bredren them
From Tivoli Garden and grants pen
Unu mek mi proud to be a African
And feel seh mi home again, yea eyea..

Chorus

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say

A Dung a yard mi haffi stay,

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say
so Dung a yard mi haffi staaay

Verse2

Sudan a plead again
the people them a grieve again
Denmark a freeze up
Mi Mumma beg mi nuh fi leave again
Mi love the place weh mi born and life star
Now mi roots dem a tear mi apart
I'm traveling far to follow my longing arms
Cant believe mi destiny
And how mi soul all divided inna three
But right yah now a yard mi find me melody,
melody, it go so..

Chorus

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say a Dung a yard mi haffi staaay, yea...

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say Dung a yard mi haffi staaay

one spliff a day, one, one spliff a day,
one spliff a day ital food up pon mi plate,
hey, one spliff a day, rub-a-dub inna the shade
one spliff a day, yuh dun know

Verse3

Mi waan feel the breeze again
i wanna find peace again
The harder the struggle
the stronger JAH people yea
the heart beat a Africa
Inna the island culture yah
Mek mi cant believe how far them ship
Jah warrior, Away

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say, a Dung a yard mi haffi staaay, yeah

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say Dung a yard mi haffi staaaay

right yah so mi haffi stay

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say Dung a yard mi haffi staaay

here i come

One Spliff a day, Good music haffi play
and a dip inna the bay
will keep the bad tings away
A so mi doctor say Dung a yard mi haffi sta...

Visit [Natasja](#) page on MotoLyrics.com, to get more lyrics and videos.