

## **Napalm Death "Take The Strain"**

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Take the strain, can you take it?  
Take the strain or even fake it  
Take the strain, aren't we lucky?  
Take the strain to be breathing  
Take the strain

Are you the man in the next bed  
Without the tubes, without the life support?  
Maybe the man whose pockets weigh you down

Take the strain, do you wear strife?  
Take the strain like a clown  
Take the strain or accumulate  
Take the strain with a frown  
Take the strain

Are you the animal  
That escapes the snares and traps?  
Bearing no quarry scars  
And the hunter's crown

We were taught to follow leaders, follow leaders  
Never to challenge the singular pack  
The goals they set slip the grasp, slip our grasp  
Chasing tails without the basic facts

Choose full pain, violate, make the grade  
Taut wires Frey, electro-brain, take the strain

We were taught to follow leaders, follow leaders  
Never to challenge the singular pack  
The goals they set slip the grasp, slip our grasp  
Chasing tails without the basic facts

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