

## **Napalm Death "Birth In Regress"**

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Feast your eyes on  
It reflects on  
Can't pertain to  
Can't belong to

Vicious cycle  
Faultless conflict  
Self-preserving  
Birth in regress

In the midst of confusion  
The warm sound of shelter  
Shelve the plans of expansion  
The warm sound of shelter

Promising all  
Deliver nothing  
Dependently  
Reassuring

Come to terms with  
Serves no purpose  
Self-preserving  
Birth in regress

In the midst of confusion  
The warm sound of shelter  
Shelve the plans of expansion  
The warm sound of shelter

To subdue the calm before the storm  
In it's stillness, in it's stillness  
To subdue the calm before the storm  
In it's stillness desperate measures

To feel so unworthily  
To see the apathy  
To turn the cold shoulder  
And stop to desperate measures

Any way, shape or form

Reversing in circles  
A thought unappealing  
How long can you maintain  
Enthusiastic faces?

Any way, shape or form

Set in motion  
Visual concepts  
Sabotage the  
Birth in regress

In the midst of confusion  
The warm sound of shelter  
Shelve the plans of expansion  
The warm sound of shelter

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