

## Frisco "Training Day"

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It's Big Fris and I'm back at it
I was raised in the jungle so I act savage
Make you disappear no black magic
I smoke cess that will leave you short of breath like an asthmatic

No round of applause but there's chaps clapping Man see the size of this skeng and start backtracking Enough of these idiots, need to knuckle down and stop chatting

Nobody over here spits like you? Cuzzy stop gassing I ain't got nothin but shots for that crack addict If you been shuttin for years and still can't buy a whip fam you need to stop trapping

And I know man are pissed the way we came in the game and took everything over

But I'm happy now cause when I was young I said "I really wanna spit bars when I'm older" You man are soft like cushion. Big Dutty Stinking hard like boner

On the road to success, follow me Flatten emcees in my way steamroller Keep telling them over and over, so many ba

Keep telling them over and over, so many bars in my folder

Armani fragrance mixed with a little high grade yeah that's my odor

I'm stubborn, overly ignorant

I hate waiting I ain't got patience

Good manners, you can take me home to Mumsy

Yeah that's my persona

When the album drops my name's gonna be ringing in your ear like a Motorola

And if you don't pay then I won't spray

I'm after the cream no soda

Straight to your neck like a choker

Sicker way off the Richter

'Nuff of these emcees don't get the picture

Boy Betta Know be a household name

We be known to you to your Mom, Dad, Auntie and Uncle

Stepbrother, Godmother, Brother and Sister

No dilly no dally I'm straight to the point like a glass of

Henny with no mixer

That means I ain't beating around the bush unless it's Chantel's

Don't mean to be rude but I have passed through a couple man's jails

Last year went Jamaica saw mad shells

Mad skengs big straps couple hand-helds

I set the plan well test if you want come try your luck

We ain't gonna be nice when I see the cyber thug

Gimme a 'StayFresh' beat and I'ma light it up

Wild it up Go get your C.V. done type it up

I've come a long way since running the streets

with Danny & Dean, Sammy & P

I'm about in my ends bloody cheek

You ain't alive in your ends

I stand tall and shout loud from my ends

I do this properly

Instead of hating, fam, you should honor me

Back 2 Da Lab check out my discology

I'm on the road to success come follow me

You know I, you know I do this properly

Gimme more paper, I wanna purchase land in Jamaica

I been ballsy from way back when I had Gucci and

Prada from way back then

Cause I'm cool but nothing like Coolio

Nowadays man roll with a 9 living in a gangsta's

paradise like Coolio

I've got to be top 3 selected, these dickheads

ain't erected, they're not hard

They tried to front but they got parred

Ain't got to be close I aim from far

Don't think cause I emcee that I won't pop it off, make it

rain and tear through cars

I come through like "Yo, wagwan?"

You wanna hype up? I'll draw man's card

And I'm back again

Big Frisco on a track again

No I'm not skimpy with beats, I'm nippy with Ps

Plus I'm picky with beats

And them man are slow I'm lapping them

I don't hate haters I give thanks to them

A couple emcees are ahead of me, minor, Frisco's catching them

I'm catching up, still cashing in

Man violate I'll smash him in

Frisco's gone no catching him, runaway flows no matching him

I'm on point cause I know what success can bring

Niggas hate Frisco's getting it in

So I stay on my Ps and Qs

Cause it's not about next man getting my bling

Never that

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