

## Sarah Aument "Couch Slouch"

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I sit I wait I sit I wait  
I watch the movies, watch the TV  
I sit I wait I sit I wait  
I watch the movies, watch the TV

The whole time Iâ€™m paralyzed  
By one thing, only one thing on my mind  
Still I sit here on my couch  
Oh look at me, oh what a big olâ€™ slouch

Is this really a rock and roll show  
Or is this life Iâ€™m living  
Could you please help me out so  
I could enjoy it

I sit I wait I eat I read  
I watch the movies, watch the TV  
I sit I wait I eat I read  
I watch the movies, watch the TV

The whole time Iâ€™m paralyzed-  
By one thing, only one thing on my mind  
Oh what to do with my life  
What is going on in my mind

Is this really a rock and roll show  
Or is this life Iâ€™m living  
Could you please help me out so  
I could enjoy it

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