

My American Heart "The Process"

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You've got this process figured out
(You've got this process figured out)
You've lost the love for yourself now
Just know that I'm telling you to watch your back
And hold your breath 'cause denial never spoke
So loud, so loud

Take all my self worth away
(Take all my self worth away)
Just cold with no love in my veins
(In my veins)

So show me how to feel nothing
Show me how to feel safe
And I promise I will do the same
Do the same

You've got no self control, no meaning in your makeup
You are the reason for the broken hearts you've made
up
You've got this process figured out
You're not so picture perfect, you're not so picture
perfect
You're not so picture perfect now

Take all my self worth away
(Take all my self worth away)
Just cold with no love in my veins
(In my veins)

So show me how to feel nothing
Show me how to feel safe
And I promise I will do the same
Do the same

You've got this, this process
So figured out

Take all my self worth away
Just cold with no love in my veins
(In my veins)

So show me how to feel nothing
Show me how to feel safe
And I promise I will do the same
Do the same

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