

Monsters of Folk

"Slow Down Jo"

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Slow down jo
Anybody ever tell you that you move too fast?
Anybody ever tell you how to make a good thing last?
Cuz it aint like that...

First you gotta slow down jo
Last night I was talking to some friends of mine
A.J.'s afraid you're gonna kill your time or lose your
Mind

If you don't slow down jo
Anybody ever tell you if you lose the knack
Anybody ever tell you that it's true
You can get it back!
But not like that...

It aint by kicking down the walls & pissing off your
Friends
Every time the cards don't fall your way
It aint by poking out your eyes when you see something
You don't like
Even your mama said she don't want to see you spent
at 25
So come on jo stay alive...

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