

## 40 Below Summer "5lb. Bag"

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Turn your back, turn around every day  
Lay the smack down, come around, make us bleed  
Put your hands on, touch'em there, everywhere  
Put your hands on, leave'em down in despair  
Put your boots on, kick'em right in the mouth  
Dig a hole now, put'em back in the ground  
Bring your ass on and make'em burn deep inside  
Don't bring up the pain - There's too much to hide

Don't cry (Don't cry)  
Don't sleep (Don't sleep)  
Don't try to even speak  
Don't lie (Don't lie)  
Don't weep (Don't weep)  
Don't you walk away from me

Pick the pace up, but you can't get away  
Better behave - Better be doing what I say  
Get your rocks off, as it's gonna beat you down  
Kick your face in; bring you in with the sound  
I'm telling you now, better open up your eyes  
Coming through now, gonna make you realize  
Better back off, can't take the pain  
Over and over and over again

Don't cry (Don't cry)  
Don't sleep (Don't sleep)  
Don't try to even speak  
Don't lie (Don't lie)  
Don't weep (Don't weep)  
Don't you walk away from me

Hurts on your weak side, you can't run, you can't hide  
The beatings that break you burn and they take you  
It hurts on your weak side, you can't run, you can't hide  
The beatings that break you burn and they take you

How much can you take till you break?  
Nowhere to run, nowhere to escape  
Sometimes, you just wanna hide  
Throw up your hands and get suicide  
Oh, please, just like this disease

You're weak in the heart and weak in the knees  
So back off and line'em up and I know we've all had  
enough  
Ain't no time for hesitation  
Ain't no time for subjugation  
Now's the time for castration  
Now's the time for devastation  
Worthless, you're worthless,  
I'm worthless, you're worthless  
We're all worthless  
Worthless, you're worthless

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