

## **Alishia's Attic "Breathe In"**

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You thought there was no life left  
You forgot that there are stars  
You forgot the days and nights  
Had just one long hour of dark  
But didn't I tell you to  
Breathe in and push it out  
And didn't I tell you to  
Breathe in and push it out

I wanna teach you how to be sweet  
But quite volatile if you need  
Everybody'll be scared you'll explode  
But you can get to forgiving

But just remember to  
Breathe in and push it out  
I said remember to  
Breathe in and push it out

Ooo, and there is calm under the waves  
I promise you you'll be quite safe  
If you unwrap yourself  
You've been too long afraid

You thought there was no life left  
You forgot that there are stars  
You forgot the days and nights  
Had just one long hour of dark

But remember to  
Breathe in and push it out  
I said remember to  
Breathe in and push it out

Didn't I tell you to  
Breathe in and push it out  
Remember to  
Breathe in and push it out

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