

## **Ziggy Marley**

# **"My Helping Hands"**

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These are my hands  
My hands are used for many things  
I brush my teeth with my hands  
I hug with my hands  
I even paint with my hands  
But what I really love to do most of all  
with my hands is help  
I help my dad to make breakfast with my hands  
I help my mom to unpack her bags when she comes  
from  
the store with my hands  
I help to change my baby brother with my hands  
I help to put my toys away with my hands  
I love to do many things with my hands  
but most of all i love to help with my hands  
My Helping Hands

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