

**Yoko Kanno****"Living Inside the Shell"**

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Roaming in between the worlds of sleep and awake  
Seems so far away from where I've been and unsure  
but not afraid  
Trusting my soul I know I must be taken to see the  
world that is  
Not so far from now

Imaginations come and sweep the shores of my mind  
Letting it be, visions pass, and emotions arise  
Letting them go, and beyond are doors I've never  
seen, opening one by one

(Wake up and show the light, wake up, the time is right)

I hear a voice, hear a voice calling out to me  
Look inside, see the light now ever holding you  
All the truth is all you need to make of your reality, its  
right here  
Look deep within your shell

Finding out a galaxy of planets and stars within me  
Listening to each of them singing the same silent  
melody  
I've never seen such beauty in possibility -- no speck of  
doubt or fear

(Wake up and show the light, wake up, the time is right)

I hear a voice, hear a voice calling out to me  
I see inside, see the light now ever holding me  
All the truth, all I need to make of this reality it's --  
beauty within the shell

(Wake up and show the light, wake up, the time is right)

I hear a voice, hear a voice calling out to me  
I see inside, see the light now ever holding me  
All the truth, all I need to make of this reality, it's inside  
Right here within this shell

The sandglass starts for another time's beginning from

within  
Cotton fields, mama's arms are gently unfolding me  
into the new...

(Wake up and show the light, wake up, the time is right)

[Reading]

Here from behind my sight, my thoughts my mind  
Show from the light  
The time is right  
And from the depth within show the balance  
Of outer and inner harmony  
Mind and heart, soul and spirit undivided  
Here's where the true strength and beauty lies  
We'll see this before us with our own eyes  
We'll see, with our own eyes... LOVE

(Wake up and show the light, wake up, the time is right)

I hear a voice, hear a voice calling out to me  
I see inside, see the light now ever holding me  
All the truth, all I need to make of this reality it's --  
beauty within the shell

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