

## Weiland Scott

# "Grapefruit Diet"

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Who's that waddlin' down the street  
It's just me 'cause I love to eat  
Fudge and Twinkies and deviled ham  
Who's real flabby? Yes, I am!  
Every picture of me's  
Gotta be an aerial view  
Now my doctor tells me  
There's just one thing left to do

Grapefruit Diet (Diet!)  
Throw out the pizza and beer  
Grapefruit Diet (Diet!)  
Oh, get those jelly donuts out of here  
Grapefruit Diet (Diet!)  
Might seem a little severe  
Grapefruit Diet (Diet!)  
I'm gettin' tired of my big fat rear  
Blow, fatty!

Well, I used to live on chocolate sauce  
Made sumo wrestlers look like Kate Moss  
Walked down an alley and I got stuck  
I got more rolls than a pastry truck  
When I'm all done eating  
I eat a little more  
When I leave a room  
First I gotta grease the door

Grapefruit Diet (Diet!)  
Can't have another éclair  
Grapefruit Diet (Diet!)  
I gotta decrease my derriere

I'm on a Grapefruit Diet  
I'm on a Grapefruit Diet  
I'm on a Grapefruit Diet

No more pie now  
No more creme brulee  
Lay off the gravy  
And souffle

No french fri-yi-yies now  
No ice cream parfait  
Mr. Cheese Nacho  
Stay away

Oh I think I'd sell my soul  
For a triple patty melt  
But I need a boomerang  
When I put on my belt

Grapefruit Diet (Diet!)  
Lay off the 3 Musketeers  
Grapefruit Diet (Diet!)  
Until my big booty disappears  
Grapefruit Diet (Diet!)  
Eat 'em till they're comin' out of my ears  
Grapefruit Diet (Diet!)  
'Cause I haven't seen my feet in years

I'm on a Grapefruit Diet  
I'm on a Grapefruit Diet  
I'm on a Grapefruit Diet

I think I'm about ready for a Quarter Pounder with extra  
cheese  
I need a side order of onion rings  
And oh yah, don't forget to Super-Size that

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