

Val Emmich

"Catalyst"

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Call up Caitlyn to kill the calm
She comes quick, i'm covered in cologne
Cue up Cat Stevens and Karen O
Climb on the couch, concede control

I need a catalyst
The counter culture craze
A little cannabis
A nice cotton haze
I've been counting sheep
It's the common way
You can count me in (out)
Call the cavalcade

I'm callous, complacent, caught in a rut
Time to change things and mix it up
Simple solutions seldom save
A psychosomatic cynic slave

Come saturday
I'm sullen and sane
Sensitivity
It's a slow decay
I'll be a skeleton
Solamente
It's hard to celebrate
Sobriety
But i'll try

In a camouflage colored coat
I'll reemerge, yes i will float

I'm trembling like a symphony
This quiet breeze begins to scream
I see ahead a chance to breathe
I'll start again it's what i need
I'll start again new and clean
I'll start again honestly

Time to change things and mix it up

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