

## Used "The Bird And The Worm"

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He wears his heart safety-pinned to his backpack  
His backpack is all that he knows  
Shot down by strangers whose glances can cripple  
The heart and devour the soul

All alone he turns to stone  
While holding his breath half to death  
Terrified of what's inside  
To save his life  
He crawls like a worm from a bird  
(All alone)  
(Crawls like a worm from a bird)

(He's one minute...)

Out of his mind away  
Pushes him whispering:  
"Must have been out of his mind..."  
Mid-day dillusions of pushing this  
Out of his, head  
Make him out of his mind... (out of his mind)

All alone he turns to stone  
While holding his breath half to death  
Terrified of what's inside  
To save his life,  
He crawls like a worm...  
(Crawls like a worm)  
Crawls like a worm from a bird

(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm...  
Crawls like a worm from a bird...

All he knows  
If he can't relieve it, it grows...  
And so it goes...  
He crawls like a worm...

(Crawls like a worm from a bird)

Out of his mind away  
Pushes him whispering:  
"Must have been outta his mind!"

All alone he turns to stone  
While holding his breath half to death!  
Terrified of what's inside  
To save his life  
He crawls like a worm from a bird!

All alone he's  
Holding his breath half to death! (holding his breath  
half to death)  
Terrified to  
Save his life  
He crawls like a worm (crawls like a worm)  
Crawls like a worm (crawls like a worm)  
From a bird...  
(All alone)  
Crawls like a worm from a bird  
(All alone)  
Crawls like a worm from the bird  
(All alone)  
Crawls like a worm...  
Crawls like a worm...  
Crawls like a worm from a bird...

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