## UnderOath "In Regards To Self"

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Wake up Wake up My God,
This is not a test
And it's not too late to come clean, get it off your chest
So steady your hand before your face and concentrate,
There's got to be some stable ground left to walk on
So tear another page from the book
Are you asleep or just alone
Clear this room from your lungs

Pull yourself together
Pull yourself together man
Pull yourself together
Pull yourself together

On your back, you're sleeping in a bed of shame Let the light breathe some new life into this room It's what keeps you coming back Made up of insatiable taste Bury your head in your hands and sink into yourself

Just what are you so afraid of What are you so afraid of You're staring truth in the face So come on down What are you so afraid of

You're busy living now aren't you
You're busy making vows
Your coming unglued
Time is shorter than you know
I know the light is blinding to the naked eye
So why don't you take steps away from being alone
I swear it's not too late for you

It's all worth reaching for It's all worth reaching for It's all worth reaching for The hand to pull you out It's all worth reaching for The hand to pull you out

Wake up, wake up, wake up

## And step outside your box Wake up, wake up

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