

Sum 41

"Hyper-Insomnia-Para-Condroid"

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Silence is ringing in my head
Stuck on repeat
Not much longer, I'll be dead
So just forget me
I'm losing my mind
And I don't think you could save me this time
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this
Welcome to my own down and out
I'm falling deeper in this hole to disaster
I'm gripping what I thought control was falling faster
I'm losing my mind
And I don't think you could save me this time
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this
Welcome to my own down and out
It's dragging on
I'm wearing thin
I can't stop these walls
They keep caving in
It's gone too far
Where's my mind
Why can't I stop fear this paranoia
It's a never ending story
And it starts with me
It's a never ending story
And it starts with me
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this

Welcome to my own down and out
It's never ending
I'm falling further
Welcome to my own down and out

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