

Sum 41

"Hyper-Insomnia-Para-Condriod"

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Silence is ringing in my head
Stuck on repeat
Not much longer, Ill be dead
So just forget me
Im losing my mind
And I dont think you could save me this time
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this
Welcome to my own down and out
Im falling deeper in this hole to disaster
Im gripping what I thought control was falling faster
Im losing my mind
And I dont think you could save me this time
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this
Welcome to my own down and out
Its dragging on
Im wearing thin
I cant stop these walls
They keep caving in
Its gone too far
Wheres my mind
Why cant I stop fear this paranoia
Its a never ending story
And it starts with me
Its a never ending story
And it starts with me
And it goes
On and on
And I just feel helpless
How long will this take to wear out
On and on
When will I get through this

Welcome to my own down and out
Its never ending
I'm falling further
Welcome to my own down and out

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