

Sugar Ray "High Anxiety"

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All this frustration, all this frustration
Let it out, let it out
I got a mental problem but I'm working it out though
What's wrong with you don't you know that I'll never
do?

Let it out, let it out
Get it out, get it out
Let it out, let it out
Get it out, get it out

Gotta get it off my mind, alright!
I can't feel any worse than I feel right now
Don't worry about it because I'm ok and I'm alright
I'm ok and I'm alright

Let it out, let it out
Get it out, get it out
Let it out, let it out
Get it out, get it out

Black guys help the white guys
When [Incomprehensible]
Black guys help the white guys
When [Incomprehensible]

Did you or did you not?
Did you or did you not?
Your goddamn, right I did

See that, see the product you turned out, me alright
I got a lot of pent up hostility towards you
Gimme a beer, bitch
'Cause a good Mom is hard to find
I'm ok and I'm alright

Let it out, let it out
Get it out, get it out
Let it out, let it out
Get it out, get it out

Black guys help the white guys

[Incomprehensible]
Get it out, get it out
Let it out, let it out

She's got the gets off
She's got the gets off
When I get my balls inside of my hands
I'm your maintenance man

I'm hanging on the gay one
Alright, yeah
It's time to get that piercing ladies
You gotta get a tattoo but I'm Jewish
I'm Gilligan so I can't get a tattoo

But I'm hmm
When I get my balls inside of my hand
I'm your maintenance man

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