

Trina Hamlin

"A Thought"

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I hold a thought in my head
Don't want to let it go
Cause I don't know where it might land
And now I've got to find the strength to set it free
Cause if I don't lord it's gonna get the best of me

Then I see at the count of three
You've already taken the thought from me
You let it go in hopes to show
There's a chance for it to grow
And now I find some piece of mind
But then I'm always left behind
And I hold my hands to the sky
Lord I pray and wonder why

And now I hold a thought in my hand
I let it go cause I thought you might understand
And now I see the way you look at me
Well I guess the thought would have been better left
with me

And then I see at the count of three
You're already running away from me
You let it go in hopes to show
There's a chance for it to grow
And now I find some piece of mind
But then I'm always left behind
And I hold my hands to the sky
Lord I pray and wonder why

Now I hold a thought in my hand
I let it go gotta let it crawl and understand
And now I see this space inside of me
And it's welling up with another thought to be free

And I see at the count of three
It's already taken the shape in me
I let it go gonna let it grow
I've got to let you know
And now I find some piece of mind
Now the truth is oh so kind
And I hold my hands to the sky

Lord I pray and wonder why
Lord I pray and wonder why
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