

Trapt

"Head Up High"

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"Head Up High"

Your not tough enough
Your not tough enough to lead
You better stand for something
Or else you'll fall for anything
Your not good enough
You are way out of your league
You have heard these words a thousand times
So what do you believe

Hold your head up
Hold your head up high
Where no one can bring it down
Hold your head up
Hold your head up high
Don't you foul up now

Swimming in a sea of insecurities
I know it's hard to keep breathing
Can you rise above the flood that lies on me
You can see and hold your head up high for me

Are you strong enough
Are you strong enough to lead
And all behind you and the voice inside
Keeps telling you your weak
Are you crumbling
Are you crumbling beneath
Made up all your dreams of everything
They told you you can't be

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Hold your head up high
Where no one can bring it down
Hold your head up
Hold your head up high
Don't you foul up now

Swimming in a sea of insecurities
I know it's hard to keep breathing
Can you rise above the flood that lies on me

You can see and hold your head up high for me
Hold your head up high for me

No one can claim to be perfect
And if they do it's a lie
So if you think it's worth it
Go on, go on and reach for the sky

Hold your head up
Hold your head up high
Where no one can bring it down
Hold your head up
Hold your head up high
Don't you foul up

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