

Michael Franti & Spearhead "The Thing That Makes Me Get Through"

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Sometimes I'm down on the ground
When you come around
And my head feels heavy like it's fifty pounds
Of a world gone crazy, but you tell me I'm not
I just got to release, but I'm tied up in knots
I'm feelin' so darn tired, and I wanna let go
I wanna dive in the ocean and in your undertow
You pick me up when I need you cuz I'm feelin'
low
You pick me up when I need you cuz I, I, I

Nobody knows what you doin' when you do to me
The things you always do
Nobody knows what you doin' when you do to me
The thing that helps me get through
Nobody knows what you doin' when you do to me
The thing that feels so good
Nobody knows what you doin' when you do to me
You do the thing that helps me get through
to you

It's a crazy world, a mixed up world
Involving politics and the underworld
You shake it up a little, you see another side
You see a flower grow, and then a suicide
But if you're all alone, you know you're not
alone
There are plenty of people ready to take you home
One day you're cuttin' class, and then
you're buyin' gas
And then you're out on your own and they kick you
in the ass

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Under the city lights, and when weâ€™re on the phone
Even in the streets, and when weâ€™re all alone
You do the thing that helps me get through
The thing that helps me get through
You do the thing that helps me get through
To you

Nobody knows what you doinâ€™ when you do to me
The things you always do
Nobody knows what you doinâ€™ when you do to me
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Nobody knows what you doinâ€™ when you do to me
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