

## Theory Groove "10 Minute High"

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She  
She doesn't need it but she won't try  
Try to release it  
Cuz she thinks she'll die  
Dependent on it, for it she'll lie  
It's only a 10 minute high  
Eyes  
That witnessed a father beat on a mother  
Witnessed a system take away her only brother  
No one ever said that they loved her  
She used to shut her eyes and make the pain subside  
But not she's got her

10 minute high  
Just for a little while  
She's queen of all the skies  
If a hit is bad another one she can buy  
Everybody tells her to stop  
She would try  
But nobody gave her a good reason why

Time has taken its toll she looks too old for 17, the girl  
is much too bold  
Her heart is cold when it used to be of gold  
Her future has no chance to unfold  
She's used her body to get her way  
Is she ashamed of the games she's played  
But her best defense is to block out all the pain  
But first she buys her...

10 minute high  
Just for a little while she's floating through the sky  
What's she gonna do when she no longer can fly?  
Is she gonna land on her feet or come down to die?  
Or is she gonna just break down and cry?

When she comes down it all becomes too clear  
She knows that someday she should face her fears  
But she lost touch with reality and over the years  
She's forgotten what it feels to be real

It's early morning quiet is the street

She lays in silence the cold cement beneath her feet  
She passed away and today's her 18th birthday  
And all she's left me to say is...

She just had her last 10 minute high  
Did she contemplate that it would take away her life?  
She probably knew, but she had no reason to fight  
And there is not a breath on her lips  
Not even a sigh  
If only she had known wrong from right  
If only she had known, wrong from right  
Goodbye, goodbye, goodbye, goodbye girl, goodbye,  
bye

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