

The Status

"So This Is Progress"

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I can feel it in my bones
All the change that's bound to come, I can't wait
I was fighting this for years
A slave to worry and to fear
It all stops here

What I've seen what I've done
Has only prepared what's to come
I've got nothing left to lose

So this is progress
And this I promise
To not lose heart this year
May I have your attention
So I can mention
I went back down to fear

[Anthony Raneri:]
I was lost and so confused
Running circles around you
I thank the stars that I found my way
Now Back to the simple things in life
Day to day, just getting by
Counting sheep and highway signs
That's just fine

What I've seen what I've done
Has only prepared what's to come
I've got nothing left to lose

So this is progress
And this I promise
To not lose heart this year
May I have your attention
So I can mention
I went back down to fear

Oh went through years of searching
Just trying to find that purpose
I feel a sense of progress
And oh after years of hurting
So much I felt like breaking

I feel a sense of strength and hope

What I've seen what I've done
Has only prepared what's to come
I've got nothing left to lose

So this is progress
And this I promise
To not lose heart this year

So this is progress
And this I promise
To not lose heart this year
Can I have your attention
So I can mention
I wont back down to fear (I won't back down to fear)

So this is progress (this is progress)
And this I promise
To not lose heart this year (I won't lose heart this year)
May I have your attention (attention)
So I can mention
I wont back down to fear (I won't back down to fear)

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