

The Main Ingredient

"Black Seeds Keep on Growing"

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BLACK SEEDS KEEP ON GROWING - The Main Ingredient

Speak drums - tell the real story
For the people who would condemn in slavery time
Their Brothers and Sisters for being ignorant

Listen to the story the drums tell
They say you Black man
Should love those Brothers and Sisters / even in death
Because their valiant struggle for life made you what
you are today
So keep on growing for them . . .
In mind . . . in body . . . and in soul.

The seed was planted in a big uncultured land
Planted by a Black uncultured man.
No one gave much thought to the Black seed
No one seemed to care about its need.

Oh- BLACK SEEDS KEEP ON GROWING
Ooo- BLACK SEEDS KEEP ON GROWING

Without water the seed just couldn't last for long
But it fooled everyone and it grew up big and strong
It grew in soil that was so unfit to sow
Still that Black seed continued to grow . . .

Oh- BLACK SEEDS KEEP ON GROWING
Ooo- BLACK SEEDS KEEP ON GROWING

You got it . . . I got it . . . All God's people got soul
You got it . . . I got it . . . All God's people got soul

Planted so close together, they could hardly breathe
Exposed to the weather- it's hard to believe
How a little Black seed could stand up against the
pressure
And come out smellin' sweet and lookin' fresher . . .

Oh- BLACK SEEDS KEEP ON GROWING
Ooo- BLACK SEEDS KEEP ON GROWING

Yeah yeah yeah yeah.

Make the man who sowed the first seed feel proud of
you

Make the man who plants his after feel proud too
Just push together harder and the battle will be won
Look back in time four hundred years and see what
they have done -

Don't let 'em down . . . BLACK SEEDS KEEP ON GROWING

Don't the people know- BLACK SEEDS KEEP ON
GROWING

This ain't no time to be slow- BLACK SEEDS KEEP ON
GROWING

You need to be standin' tall- BLACK SEEDS KEEP ON
GROWING

And don't you ever fall- BLACK SEEDS KEEP ON
GROWING

Don't let 'em down, no don't let 'em down!

BLACK SEEDS KEEP ON GROWING

No no no - BLACK SEEDS KEEP ON GROWING

Keep on growing, oh keep on growing-

BLACK SEEDS KEEP ON GROWING

FADE: Oh keep on growing, keep on growing.

-written by the late Donald McPherson of The Main
Ingredient

(this was the last song he made before he died.) Â©
1971

Donald McPherson is my Great Uncle.

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