

Steve Wiggins

"Kissing With Confidence"

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You may be a sharp dresser, you may be a fantastic dancer, you may be a lively conversationalist, but what happens at the end of the evening when the time comes to show how you feel? Unless you can kiss with confidence all your fancy dressing, dancing and talking won't get you a second date.

I'd meet a boy I really liked
I'd start to win his heart
Come the time to kiss good-night
I always fell apart

I'd giggle like I had no brains
Or else I'd start to cough
I thought my perspiration stains
Would turn a fellow off

She was nervous
She was too shy
She was breathless
Lips were too dry
Hands were shaking
Didn't know why

Do you want to kiss this person? Then be honest - what is keeping you from kissing with confidence? Worries. Some of them can be put to rest if you ask yourself a few simple questions before kissing.

Is your breath fresh?
Do you have spinach on your teeth?
Is your deodorant strong enough?

You may also find yourself worrying about what will happen once you are in the act of kissing. Will your stomach growl? Will your braces lock? Will you be able to prolong the kiss and still breathe?

Will I spoil it with my overbite?
Will our noses bump in the moonlight?
When our lips meet, will they fit right?

These worries are best cleared from the mind by the romance chant method, a technique which will also place your lips naturally in kissing position. Hableme el unico del mundo. Digame: comoe te hace ese sonido. Tan glorioso. Que aun hoba con anticipation de el. Me ha reducio a un bestia. Grunedo. Entusiomandose y paliptando. Practice this chant in the morning as you rise, in the evening as you retire and just before a date.

Once you have mastered these techniques there is only one worry left - will it go too far? It never will if you remain alert to these danger signals - heavy breathing, wandering hands, strong heartbeats. A nice way to maintain self-control without offending the other person is to say -- "I'm not ready to handle what I think is coming", then you both go home and daydream. Tomorrow you can start again fresh. Just remember - you can not get pregnant from kissing.

I put an end to worrying, I learned the way from Will
And showed me kissing with confidence was an
acquired skill
When my boyfriends get too hot I can cool 'em down
Now I'm kissing with confidence everywhere in town

In the schoolyard
At the front door
In the laundromat
At the drug store

At the car wash
In the back yard
At the Dairy Queen
On a side street

In the basement
On the rooftop
At the drive in
At the stop and shop

On the back porch
At the candy store
On the boardwalk
By the seashore

In the balcony
At the malt shop
In the parking lot
On the blacktop

Once you can kiss with confidence, think of others these techniques will help. Do you know someone who drools when he kisses or burps or bites? Why not do them a favor and send them this record anonymously?

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