

Spice Girls "Aint No Stopping Us Now"

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(B-side to "Stop". Featuring Luther Vandross. Written by Gene Mcfadden / John Whitehead.)

Now, are you all ready?

Are you all ready?

Here we go now
Do it with the fever
Yeah, come on

Aint no stoppin' us now
We're on the move
Hey yeah, hey yeah
Aint no stoppin' us now
We got the groove

Spice Girls, check it out

There've been so many things that have held us down
But now it looks like things are finally comin' around,
yeah

I now we've got a long, long way to go, yeah

And where we'll end up, I don't know

But we won't let nothing hold us back

We're gonna get ourselves together, ha

We're gonna polish up our act, yeah

And if you've ever been held down before

I know that you refuse to be held down anymore, yeah

yeah

(Don't you let nothin', nothin')

Nothin' stand in your way

(I wan't you to listen-listen)

That's right

To every word I say, every word I say about it

Aint no stoppin' us now

(That's right)

We're on the move

(You said it)

We've got the groove

Uuuuh-uuuh

Aint no stoppin' us now

We've got the groove
Aint no stoppin' us now
We're on the move

We got the groove

Aint no stopping us now
We got the groove

Yeah
Look, let me tell you this

I know you know someone who's got a negative vibe
(negative)
And if you only happen the only keep you have (yeah)
They really don't have nowhere to go
Ask them where they're going
They don't know

But we won't let nothing hold us back
We gonna get ourselves together come on
We're gonna polish up our act, yeah
And If you've ever been held down before
I know that you refuse to be held down any more

Don't you let nothin', nothin'
(I won't do it)
Stand in your way
No no
I want you to listen, listen
To every word we say, every word we say about it

Aint no stoppin' us now
That's right
We're on the move
Nothing's gonna, nothing's gonna stop us now

Aint no stoppin' us now (yeah)
Come on
We got the groove

Oooo yeah yeah

Aint no stoppin' us now
No no no no
We're on the move (on the move)
Hey yeah, hey yeah

Aint no stoppin' us now
We got the groove

Yeah now you see
Don't wanna stop, please don't make me stop
I don't wanna
Don't wanna stop, please don't make me stop
No no no no no
Don't wanna stop, please don't make me stop
I don't want tooooo
Don't wanna stop, please don't make me stop

Oh, y'all spell it out for me

S-T-O-P-P-I-N
Aint no, uh-uuuh eay
S-T-O-P-P-I-N
You got it
Aint no no no
S-T-O-P-P-I-N
Go ahead
Aint no(aint no)
No no no no
S-T-O-P-P-I-N
Come on
Aint no
Hey yeah, hey yeah

Aint no stoppin' us now
We're on the move, oh yes we are
(don't want to stop, please don't make me stop)
Yeah yeah

Aint no stopping us now
Yeah
We got te groove
Don't wanna stop, please don't make me stop

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