

Soundtracks

"Selah - Lauryn Hill"

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Nothing can be done against the truth
No matter how we remain in denial
Wasting time, replacing time
With each empty excuse
But that'll only last a little while
Coping with despair
Knowing you're not there
Ashamed to just admit I've been a fool
So I blame it on the Son
Run away from everyone
Hoping to escape this ridicule
Trapped in misery
Wrapped so miserably in this deception
I wear it like a skin
Dying to maintain
Oh I keep trying to explain
This heart that never loved me to begin
Oh I'm such a mess
I have no choice but to confess
That I've been desperately trying to belong
Lying to myself and everybody else
Refusing to admit my right was wrong
And then he came

Selah
And it means praise and meditation
And then he came
Selah
And it means... did you think about that?
And then he came
Selah
And it means praise and meditation
And then he came
Selah
And it means that it is received

How beautiful is fruit still in denial of its roots
My guilty heart behaves so foolishly
This treason from within that reasons with my sin
Won't be happy til it sees the death of me
Selfishly addicted to a life that I depicted

Conflicted cuz it's not reality
Oh what's left of me?
I beg you desperately-
Cause me to agree with what I know is best for me

Please save me from myself
I need you to save me from myself
Please save me from myself
So I can heal

The choices that I make
Oh have been nothing but mistakes
What a wasted use of space
Should I die before I wake?
In all of my religion
I fortified this prison
Obligated to obey the demands of bad decision

Please save me from myself
I need you to save me from myself
Please save me from myself
I need you to save me from my self so I can heal
And then he came

Selah...and it means praise and meditation
And then he came
Selah... and it means did you think about that?
And then he came
Selah... and it means meditation
And then he came
Selah... and it means that is is received

And then he came

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