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Soul Folk "Breakdown"

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[Verse 1:] Life is crazy sometimes I feel like I'm just going out of my mind Ain't no pleasure in this pain that's why I hide all my fears inside (I'm keepin it real, girl) So you ask me what is wrong and I try my best-to explain (This ain't no love song) It's just a temporary chemical imbalance messin with my brain (And I'm not feeling alright, no no)

[Chorus:] Stop the world from moving Can't hang with this groovin' It's the day to day thangs be buggin me (oh no) Like I'm havin a nervous breakdown And it's kickin me in the worst way

[Verse 2:] Sometimes you go through it all the money in the world can't fix it Sunny days seem so blue feels like I lost a good friend can't deal with it Anxiety attacking me through all my thoughts and my sanity Finding it so hard to concentrate on love, life and creativity

[Chorus]

[Vamp:] Gotta just live my life Then I'm gonna feel alright No stressin and no more strife Gotta make it feel alright

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