

Sigur Ros

"The Heart Pounds"

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The heart pounds
as always
But this time out of rhythm with time,
lost and forgotten at home

Going to explode (through my nose)
Turn myself to sweaty (covers)
Stare at the rust (growing on me)
It eats into (the shell)

I stand up, I'm dizzy
(I'm crumbling away)
Walking around
(walking past myself)
Clothe myself naked
(and then strip)
Woken up but put to sleep
(can't sleep a wink)

I speak aloud and travel inside myself searching
I search for life for a while, I stood in my place
With hope as my friend, I make up some time
I look for a good beginning
but it becomes a disappointment

The heart stops (doesn't move)
I insert a pacemaker (which I swallow and hide)
I find a jumpercable (and turn myself on)
See everything double (double black)

System failure (the brain refuses)
I continue my search
Uncontrollable (information)
I have to feed (feed myself)

I speak aloud and travel inside myself searching
I search for life for a while, I stood in my place
With hope as my friend, I make up some time
I look for a good beginning
but it becomes a disappointment

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