

Senses Fail "Institutionalized"

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Sometimes I try to do things, and it just doesn't work
out the way I wanted to.
And I get real frustrated and like I try hard to do it.
I like take my time and it doesn't work out the way I
wanted to.
It's like I concentrate on it real hard and it doesn't work
out
And Everything I do and everything I try it never turns
out.
It's like I need time to figure these things out.
There's always someone there going

Hey Buddy:

You know, we've been noticing you've been having a lot
of problems lately.
You know, you need to maybe get away and like maybe
you should talk about it,
You'll feel a lot better

I go:

No it's okay, you know I'll figure it out, just leave me
alone I'll figure it out.
You know I'll just work it out myself.

And they go:

Well you know if you want to talk about it I'll be here you
know and you'll
Probably feel a lot better if you talk about it, so why
don't you talk about it?

I go:

No. I don't want to talk about it. I'm okay, I'll figure it out
myself but they just keep
Bugging me and they just keep bugging me and it
builds up inside.

So you're gonna be institutionalized
You'll come out brainwashed with bloodshot eyes
You won't have any say
They'll brainwash you until you see their way.

I'm not crazy - institutionalized

You're the one who's crazy - institutionalized
You're driving me crazy - institutionalized

They stuck me in an institution
Said it was the only solution
To give me the needed professional help
To protect me from the enemy, myself

I was in my room and I was like just sitting there staring
at the wall thinking about
Everything but then again I was thinking about nothing
And my mom came in and I didn't even realize she was
there and she calls my
Name but I didn't even hear it, and she started
screaming BUDDY! BUDDY!

And I go:

What, what's the matter?

And she goes:

What's the matter with you?

I go:

There's nothing-wrong Mom.

And she goes:

Don't tell me that, you're on drugs!

I go:

Mom I'm not on drugs I'm okay, I was just thinking you
know, why don't

You get me a pepsi?

And she goes:

NO you're on drugs!

I go:

Mom I'm okay, I'm just thinking.

She goes:

No you're not thinking, you're on drugs! Normal people
don't act that way!

I go:

Mom just give me a Pepsi please

All I want is a Pepsi, and she wouldn't give it to me

All I wanted was a Pepsi, just one Pepsi, and she
wouldn't give it to me.

Just a Pepsi.

They give you a white shirt with long sleeves
Tied around you're back, you're treated like thieves
Drug you up because they're lazy
It's too much work to help a crazy

I'm not crazy - institutionalized
You're the one who's crazy - institutionalized
You're driving me crazy - institutionalized

They stuck me in an institution

Said it was the only solution
To give me the needed professional help
To protect me from the enemy, myself

I was sitting in my room and my mom and my dad
came in and they pulled up
A chair and they sat down, they go:
Buddy, we need to talk to you
And I go:
Okay what's the matter?
They go:
Me and your mom we've been noticing lately that
you've been having a lot of
Problems, you've been going off for no reason and
we're afraid you're gonna
Hurt somebody, we're afraid you're gonna hurt
yourself.
So we decided that it would be in your best interest if
we put you somewhere
Where you could get the help that you need.
And I go:
Wait, what are you talking about, we decided!?! My best
Interest?! How do you know what MY best interest is?
How can you say what
MY best interest is? What are you trying to say, I'M
crazy? When I went to
YOUR schools, when I went to YOUR churches, when I
went to YOUR institutional learning
Facilities?! How can you say I'm crazy?

They say they're gonna fix my brain
Alleviate my suffering and my pain
But by the time they fix my head
Mentally I'll be dead

I'm not crazy - institutionalized
You're the one who's crazy - institutionalized
You're driving me crazy - institutionalized

They stuck me in an institution
Said it was the only solution
To give me the needed professional help
To protect me from the enemy, myself

Doesn't matter. I'll probably get hit by a car anyway.

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