

Saved By The Bell

"Workout Song"

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1, 2, 3 Bend
1, 2, 3 Stretch
1, 2, 3 Bend
1, 2, 3 Stretch

Here's a message that Im sending to you
You can do what you want to do
A little work never hurt no one
It's the only way to get things done

[Chorus]
Put your mind to it go for it
Get down and break a sweat
Rock n Roll you aint seen nothing yet
Mind to it go for it
Get down and break a sweat
Rock n Roll you aint seen nothing yet

My love is strong whenever your around
I walk on air I barely touch the ground
And im so happy that your with me now
You'll never see me in the lost and found

[Chorus]
Put your mind to it go for it
Get down and break a sweat
Rock n Roll you aint seen nothing yet
Mind to it go for it
Get down and break a sweat
Rock n Roll you aint seen nothing yet

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