Rythem "Mantis"

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[martial arts movie sample]
The technique, depends mainly
On arm and finger strength
Once you've that, then the next step
Is to learn how to pierce stone
Well you might as well start practicing now
Do you-Do you-Do you-Do you
Do you know, mantis legends?
How it was it all started?
It was fighting off this blackbird
Although it was only a tenth of the bird's size
It was a very valiant insect
And that's why the technique, needs a brave man
And a strong one, who isn't afraid of birds

[Bobby Digital]

Welcome back to the temple of hip-hop and Sword Kem'po

Lyrical rhyme nympho, b-boy Bob Digital
Diamond crystal ring solid gold bone rituals
We be the humble most calmest individuals
Hard to spot microdots, we Sasquatch
Stomp MC's, third eye Cyclops lazer beam shots
Being fired once the father get raised up
We John Blaze up, abrasive heat, from the phaser gun
Never left for a stun Dunn, Atilla the Hun
Type Killa Park Hilla, eighteen wheeler Mack's
In the truck lanes, from the rugged grains
Of Shaolin soil, the red wolves be prowlin
Howlin over the shit that got the whole world bowin
We spoiled, one thousand swordsmen

One thousand recordings, one thousand Wu stores and One thousand rap tours and global insurance

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Not your everyday occurance

My rhyme torments MC's with the fear of God

You'll be cursed like Farad, and struck by the iron rod

Tchka-tchka-tchka-tchka-tchka-POW

Chorus: Tekitha

Hell's Wind Staff, the wrath of Black Titans

Niggaz battlin, sword swingin Cutthroat women, whirlwind given save the children Escape the poverty for live and, let live Die by the mic, shadow skill by night (repeat 2X)

[movie dialogue]
Man-Mantis style isn't easy to learn
A mantis is small, but powerful
With it's arms, it can lift up many times it's own weight

[Masta Killa] On behalf of the Wu-Tang Clan I'll display The Hong Kong, Shaolin King Kong poems Slaps niggaz in half from Kwan'tan Ten tigers scratch like Allah math, the Hell's Wind Staff Watch the eight diagram strike the diaphragm Pierced lung minute from tongue double-edged Sound the drum, here I come as predicted Holdin the raw seal, all heads kneel 7th Degree black mic skill is ill, listen to the guns holler Swallow the shell, East New York terrorist Break fool to this, madness, crazy low-hand Grabs the mic stand, smooth as water Spat Seven Seas you've not yet mastered Breathe and lungs wheeze, Earth kills I'm wreckin MC's, blood spills, meadow is round The piercin sound of silence deafens ears Fires fears, wood sharp eagle claw tears Tree from bark, hard to maintain control When you leakin I stand with the strength of Jobe And hold pressure that'll bust your head, while I'm teachin Civilization, one havin Knowledge Wisdom Understanding, culture refinement Knowledge savage in pursuit of happiness

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Thunderous mantis, all chant this

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