

## Ryan Adams & The Cardinals

### "Change Is"

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Take yourself out of your mind  
Away from everything they say you are  
A breeding bed of lies builds nothing at all  
I'd rather be standing up tall and strong

Take yourself out of your mind  
Open your eyes to the morning sun  
Take into yourself everything you have become  
If you believe enough to lead there's nothing to be won

Take yourself out of your mind  
Listen to the rhythm of a different drum  
Start with just a walk and break into a run  
Together we will come and see the madness be  
undone

Take yourself out of mind  
Move out the way or tear down the wall  
Don't start it all over if it has not been resolved  
If you stray there is no change in the end your gonna  
fall

Chorus:  
Change is in your mind  
Change is part of your life  
Change is in your mind  
Change is in your eyes

Take yourself out of your mind  
Wake up to the morning sun  
Take into yourself everything you have become  
If you believe than you can lead there's nothing to be  
won

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