

## **Run-d.m.c. "Slow And Low (Demo)"**

Visit "[Slow And Low \(Demo\)](#)" on [MotoLyrics.com](http://MotoLyrics.com)

Let it flow, let yourself go  
Slow and low, that is the tempo

Let it flow, let yourself go  
Slow and low, that is the tempo

It's never old school, all brand new  
So everybody catch the boogaloo flu  
It's not like a fever, not like a cold  
The beats are clear, the rhymes are bold

So don't see a doctor or see a nurse  
Just listen to the music 'cause first things first

First of all get off the wall  
It's time to party so have a ball  
We slow it down so get on up  
Like a volcano I'll erupt

I've got determination, bass and highs  
I see real well 'cause I have four eyes  
What you see is what you get  
And you ain't seen nothing yet

Let it flow, let yourself go  
Slow and low, that is the tempo

I do not sing but I'll make a song  
You'll love your whole life and I hope you live long  
On the Gong Show, I won't get gonged  
It's Run-D.M.C. not Cheech and Chong

Strong as a ox, threat's out the box  
The crowd so loud, they comin' in flocks  
And when we come on, the crowd goes off  
It's all hard rock there's nothing soft

So let it flow, let yourself go  
Slow and low, that is the tempo

We won't only rock the house but we'll house the rock  
We won't stroll but we'll roll straight to the top

We're Run-D.M.C. and Jay makes three  
The baddest B-boys in history

When I record it, you'll be rewarded  
You know my song is great cause y'all all applaud it  
Not P-C-P or L-S-D just D.M.C. in the place to be  
There's nothing free, you must pay a fee  
Cash on delivery like a C.O.D.

Let it flow, let yourself go  
Slow and low, that is the tempo

Let it flow, let yourself go  
Slow and low, that is the tempo  
liggy, liggy, liggy, liggy, liggy

Let it flow, let yourself go  
Slow and low, that is the tempo  
Let, let, let

Visit [Run-d.m.c.](#) page on MotoLyrics.com, to get more lyrics and videos.

---

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.