

## Roots "The Day"

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When I wake up, I look into the mirror  
I can see a clearer vision  
I should start living today

'Cause today is gonna be the day  
Is gonna be the day  
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Is gonna be the day

Yeah, it's like every day I wake up  
I stare into space and don't say much  
Peer in the mirror, feeling dead from the face up  
Coffee pots, cigarettes, morning Js, Baileys  
Slowing down my day before it picks up the pace

Beats playing since the night before  
Thinking 'bout writing songs  
Feeling exhausted from times we toured constant  
And plus the toxics I sip got me tall  
Still tipsy, staring at the city  
From the spot we call Los Angeles

Every day is like a blank canvas  
Carving my initials in the planet like I brand it  
Handpicked to live this life we take for granted  
Like a child with an upright bass, we can't stand it

Smiling through the trouble we face, tryna manage  
My way without pumping my brakes and staying  
stagnant  
'Cause I can sit on my ass or just imagine  
The madness I did on my path and paint the canvas

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Before I rise and shine like a neon sign  
I need the girl of my dreams to give me Einstein  
And burn the marijuan' like [incomprehensible]  
Is my only bonafide break from these confines

I need a change of scenery like a mind tide  
These kids bringing me the noise like the bomb squad  
And everybody coming at me from the blindside  
I'm tired, it's hard to open up my eyes wide  
I listen to some theme music on the iPod  
And walk around the crib doing little odd jobs  
Checking my breath, take a view from this high rise  
Feeling like I'm checking out a game from the sideline

I got to try different things in these trying times  
Twenty-ten is different than it was in nine-five  
It's come alive time, I picked a fine time  
For getting open off life like a fine wine

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Uh, yeah, Sunday morning, plan my day out  
Whole new blueprint, brand new layout  
Deep down still don't know if it'll play out  
Before the first time, feel like I done found a way out

Skin getting clearer and it feel like I lost weight  
Stop and say a prayer for the times I lost faith  
Troubles of the world had me in a cross-face  
Chicken-wing, sickening, liver so off-base

But now it's like I'm in the last lap of the car chase  
And I finally understand my right to choose  
My preacher man told me it could always be worse  
Even the three-legged dog still got three good legs to lose

So you can stop and refresh the rules  
Breathe in, breathe out, let it heal all your exit wounds  
Something inside said that's the move  
And made it today, I'll restart fresh and new

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