

## **Ron Winans**

# **"My Help (Cometh From The Lord)"**

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My Help (Cometh From The Lord)  
(Written by Jackie Gouche Farris)  
(Recorded by Ron Winans & Family and Friends Choir,  
Bam Crawford, and also The Brooklyn Tabernacle  
Choir)

Verse:

I will lift up mine eyes to the hills  
From whence cometh my help,  
My help cometh from the Lord,  
The Lord which made Heaven and Earth.

He said He would not suffer thy foot,  
Thy foot to be moved;  
The Lord which keepeth thee,  
He will not slumber nor sleep.

Bridge

Oh the Lord is thy keeper,  
The Lord is thy shade  
Upon thy right hand,  
Upon thy right hand.

No, the sun shall not smite Thee by day,  
Nor the moon by night,  
He shall preserve thy soul  
Even forever more.

Chorus:

My help, my help, my help,  
All of my help cometh from the Lord.

Verse

Bridge

Chorus

Bridge

Chorus

Vamp:

Altos:  
Lift up mine eyes...

Sopranos:  
Lift up mine eyes...

Altos:  
Unto the hills...

Tenors:  
He is my strength...

All:  
All of my help cometh from the Lord.

Chorus

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