

## Robin Thicke

### "Ebb And Flow"

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The clouds part  
And the sun shines down on your heart  
And the seas part, yeah  
Calm the rivers flow, whoo

Oh I just want to float on my back  
Feel some of those arms wrapping around me, yeah  
Trying to do  
What's expected of you  
I keep striving  
But it hurts to  
God  
Stress, make it go  
Stress, puts up the walls in my soul

And then I  
I take it out  
On the one  
I can't live without, oh  
I just gotta let it go, whoo  
Sometimes you gotta ebb and flow, hey  
Sometimes you love  
Sometimes you don't  
I just gotta ebb and flow

I'm gonna take what's in front of me tonight  
Sometimes you just gotta float  
Sometimes the waves are gonna crash you to the  
shore, whoo  
Sometimes the peace comes  
And settles your soul  
Sometimes the angers so strong  
You just wanna lose control

Then I  
I take it out  
On the one  
I can't live without  
Alright  
I just gotta let it go, Lord  
Sometimes you gotta ebb and flow, hey

Sometimes you love  
Sometimes you don't  
Alright  
I just gotta ebb and flow

You know when the good times come  
You know the bad gonna come too yeah  
I don't know what to call it  
But I'll just guess I'll call it  
Alright  
L-I-F-E  
L-I-F-E  
Ain't nothing but life man  
Life is gonna put you through it, oh  
Come on, whooo

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