

## **Against Me!** **"How Low"**

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Well, I wake up around four or five  
Eat, shower, and get dressed in about an hour's time  
Take my vitamins, check my messages  
And call around to some friends  
Make plans for dinner and drinks sometime after nine

Well, I'm definitely going to call it in early tonight  
I need to dry out and take some time to clear my mind  
Now before you know it, here I am again  
Fucking two in the morning  
Standing in a bar with a drink in hand

How low can you go  
Before you can't turn around?

Now seriously, this is my last and final time  
Well, I'm making some big, big changes in my life  
No, you won't catch me down here again  
Waiting to score, sweaty money palmed into my hand  
What the fuck are you cutting this with anyway?

Because I have got some really big plans  
And today's the day I'm putting them into action  
But before you know it, here I am again  
Fucking 6 in the morning  
Rolled up dollar bill in my hand

How low can you go  
Before you can't turn around?

And I'm sick of feeling like I'm losing my mind  
Sick of doing the same things night after night  
Sick of self loathing and self absorption  
Self destructive narcissism  
I'm sick to death of being constantly fucking sick of

I don't know who I can trust  
Thought there was us, now there is no one

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