

Opposition Of One "Silence"

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Watch out my friend
You're gonna blow your mind

Sometimes I feel like there is no strength inside of me,
Confusion and concern are blinding all my senses.
When everyday life is bothering me with something like
waste and too much action,
I should not ignore the cries of my soul.

The sound of a whisper can reveal my fears
And bring me back to a strong mental balance

I guess that there is some weakness inside all of us
So I ask: have you ever felt the healing power of
silence?
That moment when someone takes your hand and
gives new strength,
When your spirit comes to breath again.

Sounds of a whisper can reveal my fears
And bring me back to a strong mental balance

Take a rest, a deep breath to reveal who you are.
Take a rest, a deep breath to reveal your restrictions.
Take a rest, a deep breath to reveal what you need.
Take a rest, a deep breath to reveal (the) strength of
silence.

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