

## One Minute Silence

### "Vitality"

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There is a stormy ocean although it might seem calm  
But never judge it from the surface  
The waves are being broken if they're too big and  
strong  
And if they're weak they are worthless  
When Mr. Trustee tells you that everything's alright  
You feel relieved and you just close your eyes  
No matter what you thing or what you want to do  
Changes always take a lot of sacrifice  
But there's one thing you will find worldwide  
What's stronger than all  
Vitality  
What's necessary it's the force of life  
We need it baby  
The Vitality  
It will survive  
You just wait and see  
There is a cold wind blowing but no one seems to care  
We all build up a shelter hiding there  
The ghettos gloomy stress who wants to face the mess  
Your race or handicap makes you worthless  
You do not have to be an Einstein or fool to see  
The world is full of inhumanities  
While waiting for a change some need a lot of strength  
There's so many cages never meant for birds  
All reduced to silence, they need it all  
What's stronger than all... a.s.o.  
Watching the waves at sea what's next to be swept  
away  
Feeling, I'm feeling the wind blowing and striking my  
face  
Strength is what we need and baby don't you know  
It's a precious feeling in our souls  
What's stronger than all... a.s.o.

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